

WELCOME TO THE SYCAMORE INN

We are a family business, run by Darren and Samantha Kimber. We are passionate about bringing good customer service and a homely warm welcome to anyone who walks through our door. Our motto is "May all our guests leave as friends". Dogs and muddy boots are very welcome and we have a large riverside car park and beer garden.

We offer a range of real ales, traditionally prepared meals in our restaurant and five fantastic en-suite bedrooms, two of which are family rooms, all with king-size beds, free Wifi, TV with Freeview and all the usual facilities.

We hope you will enjoy these carefully chosen walks and we look forward to quenching your thirst and satisfying your appetite on your return to The Sycamore.

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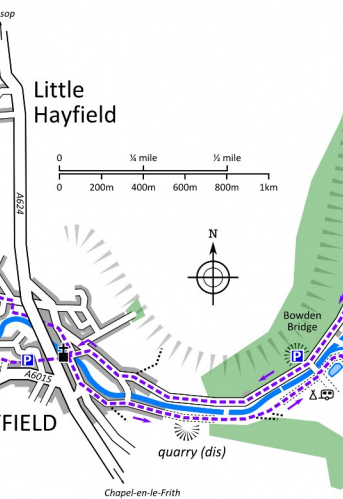
website www.thesycamoreinn.co.uk



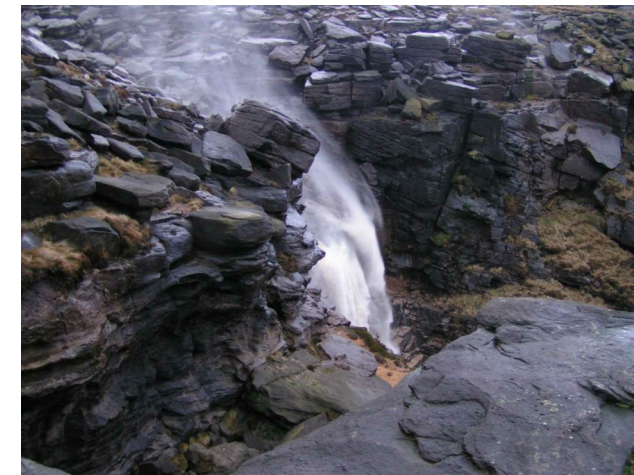
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Lantern Pike summit



The Millennium Walkway



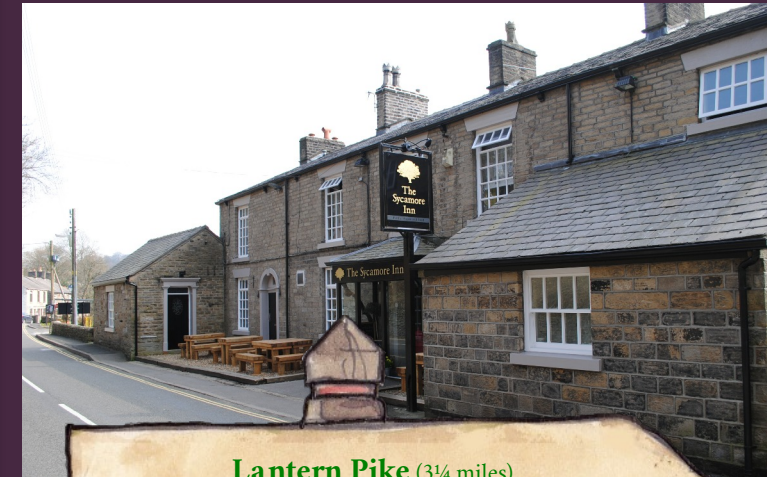
Kinder Downfall

THREE CIRCULAR WALKS FROM



The Sycamore Inn

Birch Vale, Derbyshire



Lantern Pike (3¼ miles)

Climb to our local hilltop with splendid views over Hayfield village to Kinder Scout.

New Mills & Millennium Walkway (6 miles)

Experience the dramatic Torrs gorge, a section of the Peak Forest Canal, and wide views over the Settle valley.

Kinder Scout (11 miles, shortcuts available)

Take a classic gritstone hike to Derbyshire's highest hill and tallest waterfall, plus pretty Hayfield village.

Lantern Pike

3¼ miles: Moderate

Allow 2 hours. One significant climb and some rocky ground. Short sections may be muddy after rain.

1 From the front door of The Sycamore, turn right along the road (Sycamore Road), heading downhill past the car park entrance. **2** Pass a phonebox and postbox on your right opposite the Old Post Office and continue downhill. **3** Towards the bottom of the hill, just before a children’s play area on the right, turn left into a cobbled driveway with a Pennine Bridleway fingerpost. **4** Beyond the cottages on the left, the bridleway continues as a rocky track between dry-stone walls. **5** At the top of the wood, go through a gate into a farm drive at a hairpin bend, and follow the drive ahead (uphill). **6** On meeting a road (Sitch Lane), turn right then immediately left up a no-through road with another Pennine Bridleway sign. **7** Climb steeply to a house, ignoring the turning to Higher Cliffe Farm on your right, and then continue along the bridleway beyond. **8** Just after a gate, turn left off the main track by a National Trust sign, and climb a narrow path beside a wall. **9** At the top of the slope, turn right along the ridge towards the top of Lantern Pike. **10** Beyond the topograph at the summit, follow the path ahead that descends unevenly through the heather to rejoin the Pennine Bridleway. **11** Follow a short section of walled track left to a gate into open fields. **12** Head out along a grassy track that curves left across the field to the far right-hand corner, where six ways meet above Blackshaw Farm. **13** Turn left and follow the far edge of the field to a gate in the corner. **14** Follow the track beyond as it descends to a stream and fir plantation, then climbs slightly to a junction with a Restricted Byway. **15** Bear left and follow the byway along the contour, with the slopes of Lantern Pike now on your left. **16** Ignore a right-hand turning and proceed to Wethercotes Farm. **17** Just beyond the farm buildings, turn right over a stile by a gate and cross the top of a paddock to another stile. **18** Turn left down the farm drive and walk downhill until a stone stile in the bottom corner gives access to the road. **19** Turn right down the lane, then turn left over a stile opposite the entrance to another farm. **20** Follow the footpath along the wall, then bear right diagonally down the bracken slope. **21** Cross a contouring path and continue downhill to a gate at the back of a garden. **22** A short path leads to another gate, into a driveway. **23** Turn right then left, down a cobbled lane (Quarry Road) to emerge opposite The Sycamore.



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New Mills & Millennium Walkway

6 miles: Fairly easy

A couple of minor climbs. May be muddy in places after rain. Numerous stiles on the return from New Mills. Allow 3 hours.

1 From the front door of The Sycamore, turn left. **2** Just beyond a row of terraced cottages on the right, turn left down a flight of steps at a public footpath sign. **3** Turn left down the stone-pitched lane and pass a metal barrier between a small reservoir (left) and a mill building (right). **4** When the road turns right into the mill, follow the stone-setted way straight ahead past a couple of houses up to the Sett Valley Trail. **5** Turn right and follow the Trail for a third of a mile to High Hill Road. **6** Cross over and continue over Watford Bridge, ignoring paths to left and right. **7** Cross straight over St George’s Road and descend a slaloming section. **8** Partway up the other side, climb a flight of steps on your left to another road; take the metalled path opposite, behind the surgery and Leisure Centre car park. **9** Just before an old railway overbridge, turn right up steps. **10** Turn left and left again along Hyde Bank Road, crossing over the railway bridge with the river down to your right. **11** Just before a T-junction, turn right down steps into the Torrs gorge (signposted “Torrs Riverside Park”). **12** At the bottom, cross the river and turn left. **13** Bear right at Torrs Hydro and the weir, and pass under the Union Road viaduct. Take either of the lower paths (ignoring the steps on the right up to the Heritage Centre). **14** Cross the Millennium Walkway. **15** Almost immediately, turn left over a footbridge across the Goyt. **16** Follow the path beyond as it winds up steps through the buildings of Torr Vale Mill. **17** At the entrance road, turn right and follow it out past a recreation ground on your right, to join Wirksmoor Road. **18** Continue ahead to cross Grove Street, then cross the main A6015 road at the pedestrian crossing and follow Victoria Street, opposite. **19** At the end of the road, join the canal towpath and turn left. **20** At bridge no. 29, leave the towpath and take the footpath straight ahead that runs initially parallel to the canal and then bears left downhill to the River Goyt. **21** Cross the footbridge and follow the path beyond as it turns left and right, past a house, to Goytside Farm. **22** At the junction of tracks by the farm, turn right. **23** The track narrows to a path as it runs alongside the river and then continues along a field edge with a wall on your left; after a gateway continue in the same direction, now with the wall on your right. **24** The track bears left by Gowhole Farm onto Marsh Lane. Turn right, then immediately left into Ladypit Road. **25** Not far from the junction, leave the road via stone steps up and onto a footpath on your left. **26** Walk up the left-hand edge of the field, to the left of an electricity pylon, and at the end pass under the railway. **27** Walk up the next field to a stile next to a gate, into a farm drive below Beardwood Farm. **28** Turn left for 50 yards to cross Shedyard Clough, then leave the track onto a footpath on your right. **29** The footpath winds up through trees with the valley of Shedyard Clough to your right, before crossing a bracken-covered area. After a

stile, the path follows a fence along the edge of the clough to a gate into Shedyard Farm. **30** Bear left between the farm buildings, then follow the farm drive for 400 yards until you reach Laneside Road. **31** Cross straight over and walk along a driveway and past a house. **32** Beyond the buildings, cross a step-stile made of massive stone blocks by a gate and cross to a gap stile protected by wooden spars. **33** Follow the wall ahead, over a series of ladder stiles, until you meet Oven Hill Road by a pair of cottages. **34** Turn left and follow the road downhill all the way to the main road, passing Arden Quarry on your right partway down. **35** Cross the main road and follow a driveway to the left of the former Zion Chapel. **36** When the drive bends left, follow the path ahead, with back gardens on your right. **37** On meeting Station Road, turn left down to the River Sett. **38** Cross the river and follow the road up the hill back to The Sycamore.

Kinder Scout

11 miles: Strenuous

Not for the inexperienced or ill-equipped: includes long, steep climbs and descents over rough and rocky moorland terrain. Walking boots and Ordnance Survey map OL1 recommended; pack food and water-proofs and do not attempt in bad weather. Likely to be boggy or muddy in places; several streams to ford. Allow 5–6 hours.

For a shorter walk, start at step 12 in Hayfield village (8 miles) or drive up Kinder Road to Bowden Bridge, step 18 (6½ miles).

Firstly, follow steps 1–5 of the **Lantern Pike** walk, above.

6 On meeting a road (Sitch Lane), turn right. **7** Follow Sitch Lane for half mile as it descends towards Hayfield. **8** Beyond the Primary School on the right, pass the entrances to Bank Vale Road and Swallow House Crescent (left), The Glade and Wood Gardens (right, opposite Lea Road). **9** Turn right into the May Queen Field recreation ground. Walk down to the river and follow the path left (upstream). **10** Pass a footbridge and the remains of Walk Mill and go under the bypass bridge. **11** When you reach Market Street opposite the Pack Horse, turn right and proceed to the bridge in the middle of Hayfield. **12** Cross the river and bear left past the church and walk up past the Village Store (left) and George Hotel (right) to the antique shop at the top of Church Street opposite Fishers Bridge. **13** Turn left and left again into Valley Road. Keep left and descend to the River Sett. **14** After a row of terraced houses on the right, keep left along the no-through road. Keep left again at a fork below a high stone retaining wall on your right. **15** Descend again to the river and follow the riverside path, ignoring a footbridge. **16** At a fork, keep left between the gateposts, staying close to the river. **17** Walk between the river and the campsite. **18** Beyond the campsite entrance go straight on, along the metalled road to the right of the stream; bear right at the confluence of the Sett and Kinder rivers (with views ahead to Bowden packhorse bridge). **19** The road crosses the river on a bridge below a small weir. **20** At a crossroads, go straight on through the gateposts

and follow the track uphill. **21** Follow the road round to the right as it crosses the stream to reach Tunstead House, which the path skirts via a track on the right. **22** Beyond the buildings, follow a short walled section to reach open fields. **23** Keep along the left-hand wall of the first field, then cross the middle of the next three fields, heading relentlessly uphill from gate to gate. **24** In the fifth field, as the slope eases off, keep parallel to the right-hand wall to a gateway and then a further gate into open country by the scant remains of a ruined building. *For a walk to Edale, turn right here.* **25** Turn left briefly across rushy ground to the higher of two gates, then turn immediately right, steeply up the spine of Kinderlow End ridge. The steepest central section is pitched with stones. **26** Beyond the rocky section the gradient eases, but the path continues uphill along the centre of the ridge to a further rocky outcrop. **27** Pick up the paved path that skirts to the right of Kinderlow Bowl Barrow. **28** Keep left when another paved path joins from the right, following the slabs to the trig point on Kinder Low. At the trig point, turn left to reach the plateau edge at a cairn. **29** Follow the edge path for a little over a mile to Kinder Downfall, fording Red Brook about halfway along. At times, particularly in the rockier sections, there is a choice of paths and the way forward is indistinct, but route-finding is generally simple: keep between the peat on your right and the steeper ground dropping away to your left. **30** Ford the shallow River Kinder above the Downfall and continue along the plateau edge in similar fashion to before, except now heading northwest. **31** After a little under a mile, having climbed to a minor rocky summit followed by a level stretch with sandy sections, the path reaches a projecting spur of land where the edge path turns sharp right. Turn left here and leave the Kinder Scout plateau, descending fairly steeply down the grassy shoulder. **32** Towards the bottom you ford a small stream, then descend further to cross the footbridge over William Clough, just above the head of the reservoir. **33** Turn left and follow the path above and along the reservoir wall. **34** At a fork, take the right-hand (upper) path that climbs slightly through the heather, leading away from the reservoir. **35** Rejoin the reservoir wall at a hand-gate and continue along the wall, below open woodland. **36** After an information board level with the dam, descend above the waterworks, still following the reservoir wall. The last part of the path is pitched and may be slippery underfoot. **37** Go through a gate into the reservoir access road and turn right. **38** After 400 yards, join the public road at Booth Sheepwash, continuing for a further half-mile to Bowden Bridge car park. **39** Beyond the car park, follow Kinder Road for a further three-quarters of a mile back to Hayfield. **40** Turn left down Bank Street to return to the bridge in the centre of the village. **41** Cross the river and then turn right along the narrow street to the left of the church and out to the bypass. **42** Cross at the crossing and walk through the car park beyond to join the Sett Valley Trail. **43** Follow the Trail for almost a mile, passing first a house by a former level crossing, then proceeding above Birch Vale Reservoir. **44** When you meet Station Road in Birch Vale, near the Sett Valley Café, turn right over the river and follow the road back to The Sycamore.