**Cracken Edge (3½ miles)**
A gradual climb along the road, then a fairly level promenade along Cracken Edge and The Naze, followed by a steep descent. Some rocky ground, and muddy patches after rain. Allow 2 hours.

1. Turn left from the entrance to the barn and walk up Maynestone Road. 2. Follow the narrow lane for just over a mile, climbing steeply towards the top. 3. At the top of the hill, when the lane bends right by Peep-o-Day Farm, turn left onto a bridleway. 4. Pass some farm buildings on the left, then turn left onto a side track through a gate. 5. After two more gates, pass Whitaker Farmhouse on your left, then follow the obvious path along the hillside and below the quarries of Cracken Edge. 6. Descend a landslipped area above the small ruined winding house, then take a path on the left that leads down onto The Naze, a level-topped shelf below the quarried edge. 7. Turn right at the apex of The Naze and follow the track downhill along the wall until it joins a metalled driveway with a strip of grass down the middle. 8. Continue down to PNFS sign 512, where you turn left over the stile, signposted to Chinley. 9. The path leads steeply down the slope through gorse at first, then the gradient eases as you approach the houses of Chinley. 10. Leave the field via a narrow path between gardens, then turn left along Maynestone Road for 500 yards back to Churn Barn.

**South Head (6½ miles)**
A fairly hilly walk with two or three stiff climbs. Allow 4 hours.

1. From the barn entrance, turn left along Maynestone Road. 2. After 180 yards, take a footpath on the right-hand side, opposite a postbox in a barn wall. 3. Bear slightly left down the field, keeping to the left of the low remains of a dry-stone wall. 4. At the bottom of the valley, stepping stones across a boggy patch lead to a stone slab over the stream. Cross the bridge. 5. Walk up the field opposite to a small ruined barn, then head diagonally left across the field. When you reach the wall, turn right, uphill. 6. Before the wall starts to climb in earnest, take a stile on the left, which leads to a path along a wall below Hollands House, heading up the valley towards a small stone barn. 7. Pass the barn and continue in the same direction through a kissing gate (ignoring the walled green lane to your right). 8. After another gate, you reach Monk’s Meadow Farm. Go through a wooden kissing gate by a horse-riding menage, turn immediately right and cross the brackeny slope to a railway bridge below the entrance to Cowburn Tunnel. 23. Cross the railway then follow the marked path as it bends left and right up to Malcoff. 24. Go through a gate by a stone barn and walk out to the lane in Malcoff. Turn right (downhill). 25. Pass Royston Farm on the right and ignore a footpath on the left, continuing along the narrow lane until it crosses a stream. 26. Leave the road over a stile on the left here and follow the stream round to the right. 27. Cross a driveway and continue downstream to a slab bridge, where the path crosses paths and continues on the opposite bank. 28. At Wash, the path passes to the right of a cottage and joins the road. Turn right and cross the bridge. 29. Walk past the telephone box and parking area then, when the road curves away from the stream, go through the barriers on the left and follow the stream to a footbridge. 30. Follow the path round to the left and follow the track as it climbs over rocks to the highest point of the walk.

**Cracken Edge (3½ miles)**
Quarry remains and superb views over the valley to Kinder Scout, Chinley and Eccles Pike.

**South Head (6½ miles)**
An energetic stroll along the Pennine Bridleway with gentler streamside interludes.

**Edale Station (7¾ miles)**
A demanding linear mountain-biking tour over the shoulder of Kinder Scout.
35 Beyond a gap in the wall and fence, head downhill and slightly left, behind an overgrown pond, to a gate into a lane. Turn right to the main road in Chapel Milton. 36 Turn right past the phonebox then cross over and take the driveway (signposted “Tramway Trail”). 37 Cross the stream and pass under the viaducts into a field. 38 Cross the field with the stream on your right to emerge through a car park by a mill building into Charley Lane. 39 Turn left for a short distance then right onto a footpath, crossing a small stone arched bridge over a pipeline. 40 Follow the path along the stream and below a water treatment works to a small weir, where the path leaves the stream and climbs to join the former Peak Forest Tramway. 41 Turn right along the Tramway and follow it past some new housing until you reach a road. 42 Turn right (or left if visiting the pubs in Whitehough). 43 Cross the Black Brook and walk up into Chinley village. 44 Continue straight along the B6062, past the Post Office and the village green. 45 When the B-road bends right, cross over and go over the railway bridge ahead to the war memorial. 46 Turn right along Maynestone Road and follow the lane for 700 yards back to Churn Barn.

Edale Station
(7¾ miles)
A hilly hike or mountain bike route with some steep, rocky ascents and descents. Inexperienced riders may prefer to dismount for the steeper sections. Return from Edale station to Chinley by train: check times and availability in advance. Allow 2 hours by bike or 4 on foot. 1 Turn left out of the Barn gate and ride to the top of Maynestone Road, turning right past Peep-o-Day Farm at the top. 2 Turn left briefly along the A624, then turn right along a track before a house, passing a small stone camping barn on the right. 3 When you meet a crossing track, turn right then immediately left, joining the Pennine Bridleway. 4 Follow the bridleway along the left-hand side of the field up to a gateway with views over the Sett valley to Kinder Scout. 5 Descend a stony track that curves leftwards down the slope. 6 As you near the bottom of the valley, take a right-hand turning that cuts the corner to a metalled farm drive. 7 Turn right and descend to the stream. 8 Cross the stream and follow the lane ahead, which curves left and climbs past Coldwell Clough Farm. 9 When the lane crosses the sidestream and turns right, take the track straight ahead, through a gate and on uphill. 10 Follow the stony track until you reach a National Trust sign for the Kinder Estate, where you continue along the obvious track by the wall. 11 Follow the track as it bends left and right past Stony Ford to reach Edale Cross. 12 Continue along the track, which is joined from the left by the Pennine Way, as it descends towards the top of Jacob’s Ladder. 13 By a large cairn at the top of the slope, take the right turn, down a steep rocky bridleway that bends left by a ruined building. 14 Cross the packhorse bridge at the bottom and follow the obvious path down the valley to Lee House. 15 Follow the metalled drive beyond to Upper Booth, where the lane crosses a sidestream to a phonebox. 16 Here, walkers can turn left through the farm and follow the Pennine Way to Edale; cyclists should continue along the road, which crosses the River Noye and passes a parking area on the right. 17 Follow the road under a railway bridge to the road junction at Barber Booth. 18 Turn left over the river and follow the road round to the right. 19 After three-quarters of a mile, turn left to Edale village. 20 Turn left past the Penny Pot Café to reach the station, or continue under the railway bridge to the Ramblers Inn and on into Edale village.

For the journey back to Chinley, take the Manchester-bound train from platform 1. From Chinley station, ride or walk back to Churn Barn via Station Road and Maynestone Road (½ mile).