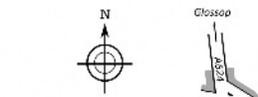
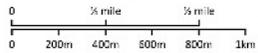




Kinder Downfall is the tallest waterfall in the Peak District but for much of the summer it is little more than a trickle. In spate, especially when a west wind blows the falling waters back over the lip of the fall, it is an impressive sight. In hard winters it freezes solid and presents an irresistible challenge to specialist ice climbers. The Pennine Way crosses the River Kinder above the fall.



www.walksfromthedor.co.uk



Twenty Trees (there are actually only 19) is the local name for a popular landmark on the Snake Path, which has a fine view over Hayfield village and down the Sett valley to Manchester.



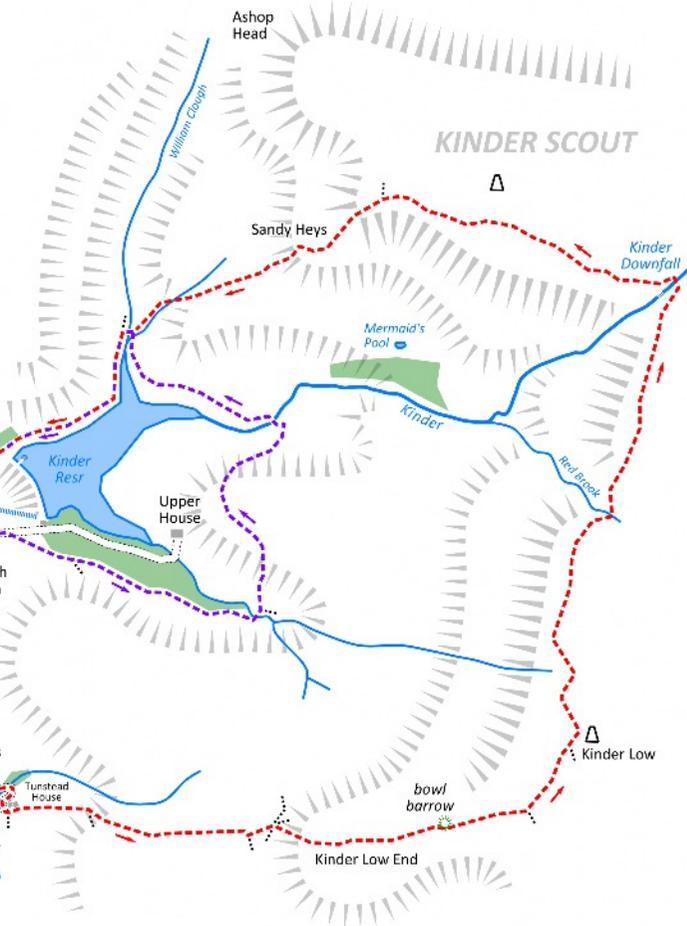
Bowden Bridge is a Grade II listed packhorse bridge over the River Kinder close to its confluence with the River Sett. It probably dates from the 18th century.



Kinder Reservoir was opened in 1912 to supply water to Stockport and has a capacity of over 2 billion litres. The adjacent filter house was decommissioned in 1996.



The **bowl barrow** on Kinder Low is thought to date from the Bronze Age. It apparently escaped excavation during the 19th century so may still contain rare undisturbed artefacts.



Four circular walks from the SPORTSMAN INN

Hayfield, Derbyshire



Bowden Bridge & Hill Houses
2 miles: easy

Shooting Cabin & Twenty Trees
3 miles: moderate

Kinder Reservoir circuit
5 miles: moderate

Kinder Scout & the Downfall
7½ miles: strenuous

THE SPORTSMAN INN
Kinder Road, Hayfield, Derbyshire SK22 2LE
tel 01663 741565
email kindersportsman@hotmail.com

Please see our website
www.thesportsmaninn.co.uk
for opening hours, food service times,
menus and more

Bowden Bridge & Hill Houses

2 miles: easy

Allow 1–1½ hours. One short climb. Muddy in places after rain.

1 From the front door of the Sportsman, turn left for a few paces, then cross the road and go through the gap in the wall opposite. **2** Descend to the river and cross the footbridge at the bottom. **3** Turn left and follow the riverside path. **4** Walk between the river and the campsite then, at the campsite entrance, turn left over the road bridge. **5** Turn right past Bowden Bridge car park. **6** When the road bends slightly left at Bowden Bridge Cottage, turn right onto the riverside track. **7** At the entrance to Oakbank, turn right over the packhorse bridge. **8** In the corner beyond, turn left through a gate. **9** Climb a walled path and go through a gate and past a converted barn to emerge at Hill Houses. **10** Turn left past the farmhouse on your left and go through a gate. **11** Follow the track beyond, bending left then right to reach Booth Farm after half a mile. **12** Beyond Booth, descend to a lane. **13** Turn left and descend to the bridge by the restored sheepwash. **14** Cross the river and turn left. **15** Follow the road for half a mile to return to Bowden Bridge car park. **16** Continue along Kinder Road for a further 500 yards back to the Sportsman.

Shooting Cabin & Twenty Trees

3 miles: moderate

Allow 2 hours. Exposed moorland: avoid in bad weather. One moderate climb and descent; some rocky and boggy ground.

1 From the front door of the Sportsman, turn left. **2** Follow Kinder Road for 500 yards to Bowden Bridge car park. **3** Continue along the road ahead for a further half-mile to the sheepwash. **4** Go through the gates ahead of you and continue along the reservoir road (if the gates are locked, use the footpath on the opposite side of the river, then turn left over a footbridge to reach the reservoir entrance). **5** Take the stone-pitched footpath to the left of the reservoir gates. **6** At the top of the hill, just before an information panel marking the reservoir's centenary, turn left (signposted "BRIDLEWAY"). **7** Follow the path alongside the wall to a gate at the top. **8** Bear left then right across the open moor to a junction of paths below the shooting cabin. **9** Turn left (signposted "Hayfield 1½ miles"). **10** Follow the obvious path through the heather to a National Trust sign for the Snake Path. **11** Go through the kissing gate and follow the track across rough grazing land. **12** After a stretch alongside a wall, go through a gate and cross the field, aiming for the treetops of Twenty Trees. **13** Follow the wall and then go through a kissing gate on your right, above the clump of trees. **14** Bear left past the trees to a further kissing gate and commemorative sign. **15** Descend along the bottom of the next field to a gate and stile. **16** Follow the track beyond, which bends left to join a concrete

drive and leads down to the Kinder Road. **17** Turn left and follow the road for quarter of a mile back to the Sportsman.

Kinder Reservoir circuit

5 miles: moderate

Allow 2–3 hours. Several moderate climbs; parts may be muddy after rain. A couple of streams (which may be awkwardly swollen after exceptionally wet weather) must be forded.

1 From the front door of the Sportsman, turn left for a few paces, then cross the road and go through the gap in the wall opposite. **2** Descend to the river and cross the footbridge at the bottom. **3** Turn left and follow the riverside path. **4** Walk between the river and the campsite then, at the campsite entrance, turn left over the road bridge. **5** Turn right past Bowden Bridge car park. **6** When the road bends slightly left at Bowden Bridge Cottage, turn right onto the riverside track. **7** At the entrance to Oakbank, turn right over the packhorse bridge. **8** In the corner beyond, turn left through a gate. **9** Climb a walled path and go through a gate and past a converted barn to emerge at Hill Houses. **10** Turn left past the farmhouse on your left and go through a gate. **11** Follow the track beyond, bending left then right to reach Booth Farm after half a mile. **12** Beyond Booth, descend to a lane. **13** Turn right, uphill, passing between the buildings of Farlands. **14** Opposite a bench and path on the left, turn right through a gateway. **15** Follow the track across the field up to the edge of a coniferous plantation on your left. **16** Follow the edge of the wood to its end, ignoring the Oaken Clough bridleway that heads off right at PNFS sign no. 285. **17** Beyond the end of the wood, follow the track ahead to a stile by a gate and National Trust sign, then ford the stream on your left. **18** Cross the National Trust stile and follow the path beyond up the hillside; bear right then left between broken walls to a gate in a more complete wall. **19** Turn left, parallel to the wall, then when the vague track bears left, turn right on a narrow path that descends to meet another wall obliquely. **20** Follow the wall to a junction of walls then bear right along the obvious descending path that curves left down to a footbridge. **21** Cross the bridge and turn left, taking the higher (right-hand) path that passes above a walled clump of birch trees. **22** Bear left along the wall towards the reservoir, leaving it to ford a small stream then climbing to a hand-gate. **23** The path beyond contours above trees then curves right and descends to a gate. **24** Ford a side-stream and continue to cross the footbridge over William Clough. **25** Turn left and follow the path above and along the reservoir wall. **26** At a fork, take the right-hand (upper) path that climbs slightly through the heather, leading away from the reservoir. **27** Rejoin the reservoir wall at a hand-gate and continue along the wall, below open woodland. **28** After an information board erected to mark the centenary of the reservoir, level with the dam, descend above the waterworks, still following the reservoir wall. The last part of the path is pitched and may be slippery underfoot. **29** Go through

a gate into the reservoir access road and turn right. **30** Follow the road for 400 yards to the sheepwash, then continue for a further half-mile to Bowden Bridge car park. **31** Beyond the car park, follow Kinder Road for a further third of a mile back to the Sportsman.

Kinder Scout & the Downfall

7½ miles: strenuous

Not for the inexperienced or ill-equipped: includes long, steep climbs and descents over rough and rocky moorland terrain. Walking boots and Ordnance Survey map OL1 recommended; pack food and waterproofs and do not attempt in bad weather. Likely to be boggy or muddy in places; several streams to ford. Allow 4–5 hours.

1 From the front door of the Sportsman, turn left for a few paces, then cross the road and go through the gap in the wall opposite. **2** Descend to the river and cross the footbridge at the bottom. **3** Turn left and follow the riverside path. **4** Walk between the river and the campsite. **5** Beyond the campsite entrance go straight on, along the metalled road to the right of the stream; bear right at the confluence of the Sett and Kinder rivers (with views ahead to Bowden packhorse bridge). **6** The road crosses the river on a bridge below a small weir. **7** At a crossroads, go straight on through the gateposts and follow the track uphill. **8** Follow the road round to the right as it crosses the stream to reach Tunstead House, which the path skirts via a track on your right. **9** Beyond the buildings, follow a short walled section to reach open fields. **10** Keep along the left-hand wall of the first field, then cross the middle of the next three fields, heading relentlessly uphill from gate to gate. **11** In the fifth field, as the slope eases off, keep parallel to the right-hand wall to a gateway and then a further gate into open country by the scant remains of a ruined building. **12** Turn left briefly across rushy ground to the higher of two gates, then turn immediately right, steeply up the spine of Kinderlow End ridge. The steepest central section is pitched with stones. **13** Beyond the rocky section the gradient eases, but the path continues uphill along the centre of the ridge to a further rocky outcrop. **14** Pick up the paved path that skirts to the right of Kinderlow Bowl Barrow. **15** Keep left when another paved path joins from the right, following the slabs to the trig point on Kinder Low. At the trig point, turn left to reach the plateau edge at a cairn. **16** Follow the edge path for a little over a mile to Kinder Downfall, fording Red Brook above its rocky valley about halfway along. At times, particularly in the rockier sections, there is a choice of paths and the way forward is indistinct, but route-finding is generally simple: keep between the peat on your right and the steeper ground dropping away to your left. **17** Ford the shallow River Kinder above the Downfall and continue along the plateau edge in similar fashion to before, except now heading northwest. **18** After a little under a mile, having climbed to a minor rocky summit followed by a level stretch with sandy sections, the path reaches a projecting spur of land where the edge path turns sharp right. Turn left here and leave the Kinder Scout plateau, descending fairly steeply down the