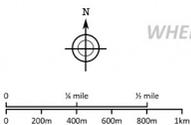




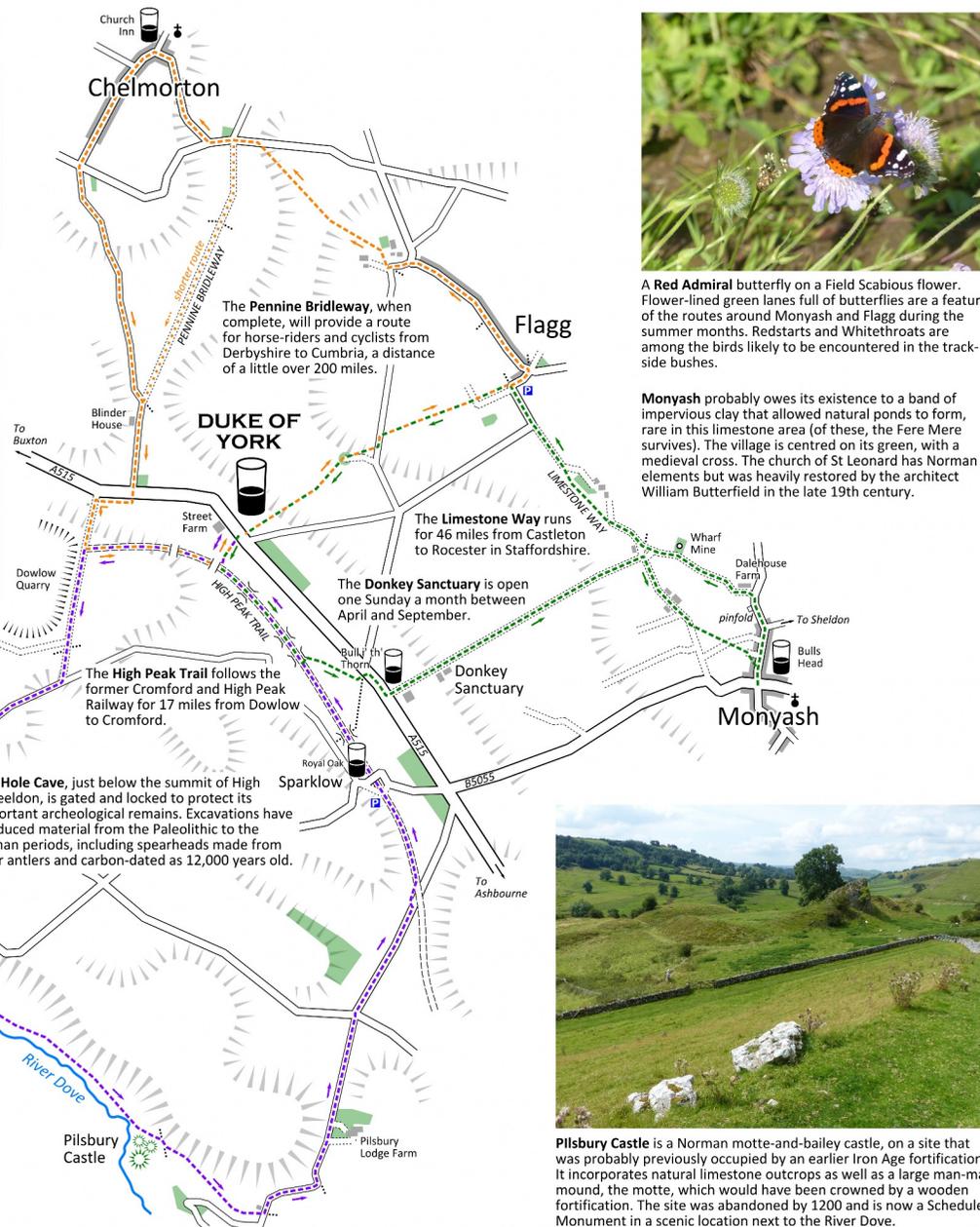
Pretty Chelmorton sits in the shadow of Chelmorton Low. St John the Baptist's is said to be the highest church with a spire above sea level in England. Bank Top Spring near the church feeds the Illy Willy Water, source of the village's water supply in bygone days.



The views over the Dove valley to Parkhouse and Chrome Hills from High Wheeldon are spectacular. These hills, and also the limestone knolls around which Pilsbury Castle was built, are the remains of ancient coral reefs.



Crowdecote is a delightful cluster of cottages set above a bridge over the River Dove.



The Pennine Bridleway, when complete, will provide a route for horse-riders and cyclists from Derbyshire to Cumbria, a distance of a little over 200 miles.

The Limestone Way runs for 46 miles from Castleton to Rocester in Staffordshire.

The Donkey Sanctuary is open one Sunday a month between April and September.

The High Peak Trail follows the former Cromford and High Peak Railway for 17 miles from Dowlow to Cromford.

Fox Hole Cave, just below the summit of High Wheeldon, is gated and locked to protect its important archeological remains. Excavations have produced material from the Paleolithic to the Roman periods, including spearheads made from deer antlers and carbon-dated as 12,000 years old.



Pilsbury Castle is a Norman motte-and-bailey castle, on a site that was probably previously occupied by an earlier Iron Age fortification. It incorporates natural limestone outcrops as well as a large man-made mound, the motte, which would have been crowned by a wooden fortification. The site was abandoned by 1200 and is now a Scheduled Monument in a scenic location next to the River Dove.

OPEN

Mon–Thu 12 noon–3pm, 6pm–10.30pm
Fri–Sat 12–11pm Sun 12–8pm

FOOD SERVED

Mon–Fri 12 noon–2.30pm, 6–8.30pm
Sat 12–8.30pm Sun 12–7pm



A Red Admiral butterfly on a Field Scabious flower. Flower-lined green lanes full of butterflies are a feature of the routes around Monyash and Flagg during the summer months. Redstarts and Whitethroats are among the birds likely to be encountered in the track-side bushes.

Monyash probably owes its existence to a band of impervious clay that allowed natural ponds to form, rare in this limestone area (of these, the Fere Mere survives). The village is centred on its green, with a medieval cross. The church of St Leonard has Norman elements but was heavily restored by the architect William Butterfield in the late 19th century.

Three country walks from the DUKE OF YORK

PUB AND CAMPSITE



POMEROY, NR FLAGG, DERBYSHIRE

MONYASH & FLAGG 5.4 MILES: FAIRLY EASY

Follow flower-lined green lanes to two limestone villages, and sample a short stretch of the High Peak Trail.

FLAGG & CHELMORTON 5 OR 6 MILES: FAIRLY EASY

Wander via field paths and country lanes through the villages of Flagg and Chelmorton, returning on the High Peak Trail.

CROWDECOTE & PILSBURY CASTLE 7.6 MILES: FAIRLY STRENUOUS

Take a rewarding hike via a scenic hilltop to a pretty village and a Norman castle site in the Dove valley.

THE DUKE OF YORK

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www.facebook.com/dukeofyorkpomeroy

For a longer three-village walk of 9 miles, follow steps **1** to **22** of the **Monyash & Flagg** walk, then join the **Flagg & Chelmorton** walk at step **6**. To combine all three routes into a challenging 15-mile circuit, follow steps **1** to **25** of the **Crowdecote & Pilsbury Castle** walk, then leave the High Peak Trail below the Bull i' th' Thorn and follow steps **6** to **22** of the **Monyash & Flagg** walk, then join the **Flagg & Chelmorton** walk at step **6** as above. Both circuits can be shortened by a mile using the Pennine Bridleway as a shortcut.

MONYASH & FLAGG

5.4 MILES: FAIRLY EASY

Allow 2–3 hours. Some gentle climbs, and muddy ground may be encountered after wet weather. Refreshments available at Monyash.

1 Cross the A515 carefully, and take the footpath opposite, left of the entrance to Street Farm. **2** Go through a gate and walk down the field to the High Peak Trail. **3** Cross a stile onto the Trail (left of the bridge) and turn left. **4** Follow the Trail for half a mile, crossing three small bridges with fences to either side. **5** Immediately after the third bridge, leave the Trail on the left, dropping down the embankment to a footpath sign below the bridge. **6** Turn right and follow a path through three meadows towards the black-and-white Bull i' th' Thorn pub. **7** In the fourth field, turn left to the main road. **8** Turn right along the road to the pub. **9** Beyond the Bull i' th' Thorn, cross over and turn left down a driveway. **10** Follow it past the Donkey Sanctuary and carry straight on when it becomes a grassy green lane. **11** At a wider track near a stone barn, turn right along the track past a farm, ignoring a track to the right (no right of way). **12** Just after a right-hand bend, leave the track on a signposted footpath on your left. **13** Cross a series of fields separated by stone stiles, then bear left after a walled green lane. **14** Turn right past the end cottage into a private lane. **15** Take a few steps left, then turn right along a mown footpath into Monyash. Turn right to visit the village green, otherwise turn left past the chapel. **16** Follow the road out of the village, passing a turning to Sheldon on the right and the old pinfold on the left. **17** At Dalehouse Farm, turn left in front of the farmhouse on the Limestone Way. **18** Follow the walled track up the hill (a short optional detour into a wood on the right towards the top allows you to view the grided mineshaft of Wharf Mine). **19** Continuing along the Limestone Way, walk by the barn you passed before and continue along a walled green lane ahead. **20** At PNFS sign no. 377 cross a camping field and after a stile walk above a belt of trees to a gate. **21** Follow the wall beyond to join a metalled drive and walk out over a cattle grid to the road. **22** Follow the road ahead to a bend before the first houses in Flagg. **23** Turn left through a gate here, and follow the wall uphill through a couple of fields. **24** Cross a track of concrete beams and cross another stile, continuing along the field edge to a narrow lane. **25** Turn left for 70 yards then right at a footpath sign, and walk up the side of the field to a clump of trees. **26** Bear half-left across the next two fields. **27** Aim to the left of the campsite wall and pass over a couple of stiles back to the main road and the Duke of York.

FLAGG & CHELMORTON

5 OR 6 MILES: FAIRLY EASY

Allow 3 hours. Some gentle climbs, and muddy ground may be encountered after wet weather. Some road walking. A shortcut along the Pennine Bridleway, omitting Chelmorton village, cuts a mile off the distance. Refreshments available at Chelmorton.

1 Turn left out of the Duke of York car park and then immediately left over a stile. **2** Walk down to a gate and then bear half-left across three fields separated by stiles to a clump of trees, the site of a demolished barn. **3** Follow the left-hand edge of the field beyond (*not* the diagonal track across the field) to reach a narrow lane (Pasture Lane). **4** Turn left for about 70 yards, then right onto another footpath. Follow the right-hand edge of the field over the shoulder of a slight hill. **5** Cross a track made of concrete beams and continue down the right-hand side of two further fields until you reach a gate into a lane at the end of Flagg village, by a small car park. **6** Walk past the first houses, and then left at the junction by the entrance to Flagg Hall, passing behind a bus stop and a telephone box. **7** Follow the main village street through Flagg, leaving the village at the delimit signs. **8** At a road junction (signposted to Chelmorton) turn left past the gates of The Old Farmhouse. **9** At the end of a farm lane, on a left-hand bend, turn right through a hand gate on the corner into a field to the right of the farm track. **10** Walk up the field to a gateway in the far corner by a small wood, and continue in a similar direction to a gap in the dry-stone wall at the far side of the next field. **11** Bear a little left to the far corner of the subsequent field and cross the tumbledown wall. **12** Drop down into a shallow valley slightly to your left and cross a stone step-stile by a footpath sign. **13** Walk up the valley and then bear left to the far left-hand corner of the field, where another stone step-stile leads into the road. **14** Turn left to a road junction; for the shortcut route (saving a mile, but missing out the village of Chelmorton), turn left along the Pennine Bridleway (signposted "High Peak Trail 1¾") for a mile, rejoining the described route at step **20**, below. Otherwise, if visiting Chelmorton, continue straight on. **15** At the next road junction, turn right and follow the road down to the village, bearing left when you reach the first houses. **16** At the junction with the main street, turn right to visit the church, or left to continue. **17** Walk down through the village, passing the village water troughs, the end of Common Lane, and the former Primitive Methodist Hall. **18** At a crossroads at the end of the village, go straight on (signposted Newhaven and Ashbourne). **19** Climb the hill then descend gradually; about a mile from the junction, the Pennine Bridleway joins from the left. **20** Continue past Blinder House to the main road. **21** Cross and turn right along the fenced bridleway parallel to the road, then turn left at another Pennine Bridleway sign. **22** After 400 yards, turn left onto the High Peak Trail. **23** Follow the Trail for half a mile, passing under a bridge after 500 yards. **24** Just after a second brick overbridge, turn left over a step-stile to leave the High Peak Trail. **25** Walk up the field back to the A515 and the Duke of York.

CROWDECOTE & PILSBURY CASTLE

7.6 MILES: FAIRLY STRENUOUS

Allow 4–5 hours. One steep climb, and wet ground likely after rain. Some road walking. Refreshments available at Crowdecote.

1 Cross the A515 carefully, and take the footpath opposite, left of the entrance to Street Farm. **2** Go through a gate and walk down the field to the High Peak Trail. **3** Cross a stile onto the Trail and turn right under the bridge. **4** After half a mile, at the end of the High Peak Trail, turn left. **5** Follow the track uphill beside Dowlow Quarry (ignoring side paths) and then down to a road. **6** Turn right and follow the lane down to a junction. **7** Take a few steps to the right then cross and follow a footpath to the right of a farm entrance. **8** At the bottom of the slope, go through a gate into Open Access land and climb straight up the steep slope to the trig point and memorial at the top of High Wheeldon. Admire the view as you regain your breath (and perhaps take a short detour to see the gated entrance of Fox Hole Cave, among rocks to the right of the main summit). **9** From the summit, turn left (south-east) and descend along the ridge beside a wall. **10** Cross a stile with a permitted path waymark and continue along the wall at the top of the field. **11** Before the next wall, descend slightly to your right to a stile. **12** The permitted path crosses a dip, then descends the hillside gradually, waymarked by white-topped posts. **13** When you meet the road above Crowdecote, turn right (downhill) and walk round the bends, past a pottery into the village. **14** Beyond the Pack Horse Inn, turn left into the drive to Bridge End Farm. **15** Bear right below the farmhouse and through a gate and past a modern barn. **16** Follow the track through two more gates, then continue on a field path along the valley, through a series of gates and parallel to the young River Dove on your right. **17** After a gate before the earthworks of Pilsbury Castle, bear left and briefly uphill past an interpretation panel, and then pass below and to the left of a limestone knoll. **18** A gate in the wall beyond leads to a grassy bridleway; cross straight over and follow the footpath uphill, past a waymark post to a stile by a gate. **19** Continue along the slope with a wall on your left, then cross a paddock to reach a metalled lane below a barn. **20** Ignoring the footpath opposite, turn left up the hill along the lane and past the barn. **21** Continue along the lane as it levels off beyond a dewpond and passes wooded Pilsbury Lodge Farm on the right. **22** Descend to a crossroads and take the road opposite, heading for a railway arch. **23** Just before the bridge, turn left onto a crushed-lime path that climbs up to the High Peak Trail. **24** Turn left along the Trail and follow it for half a mile to the Hurdlow car park. **25** Pass under the road bridge and continue along the Trail though a shallow limestone cutting. **26** Cross three small bridges then, before a brick overbridge, leave the Trail over a step-stile on the right. **27** Walk up the field back to the A515 and the Duke of York.



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